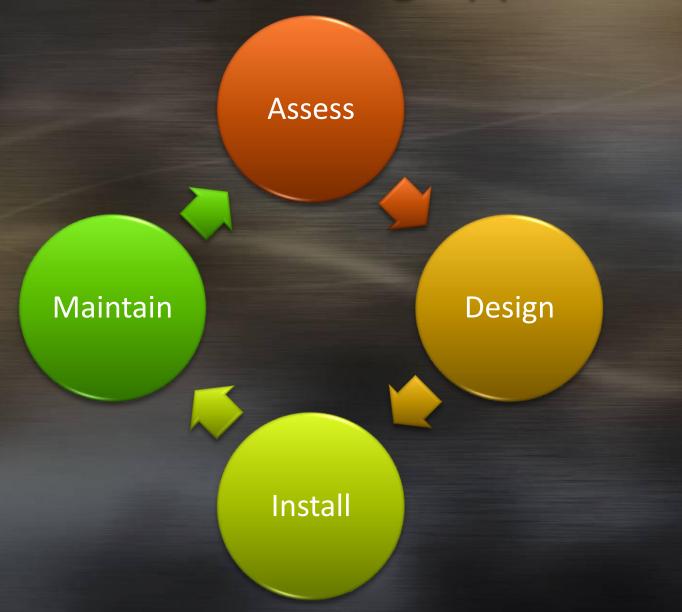
# BIOENGINEERING Lakeshores

Shawn Tracy
Landscape Restoration Ecologist
Metro Conservation Districts



## A Wise Bioengineering Approach



- Desktop
- Field

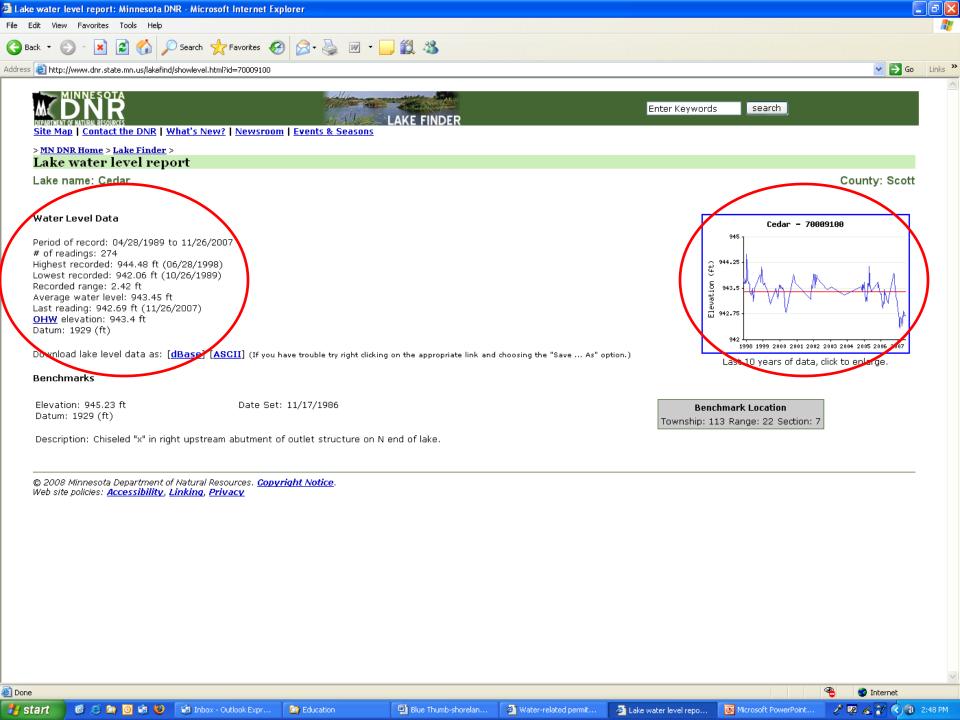
- Desktop
  - Historical elevation data
  - Published OHWL
  - Bathymetry
  - Fetch
  - Wave energy (height and frequency)
  - Boating

- Desktop
  - Soils
  - Contours (elevation)
  - Aerial photography
  - Emergent community
  - Herbivore presence
  - Habitat needs

- Desktop
  - Historical plant community



BASE MAP



#### Lake water level report

Lake name: Cedar

#### Water Level Data

Period of record: 04/28/1989 to 11/26/2007

# of readings: 274

Highest recorded: 944.48 ft (06/28/1998)

Lowest recorded: 942.06 ft (10/26/1989)

Recorded range: 2.42 ft

Average water level: 943.45 ft

Last reading: 942.69 ft (11/26/2007)

OHW elevation: 943.4 ft

Datum: 1929 (ft)

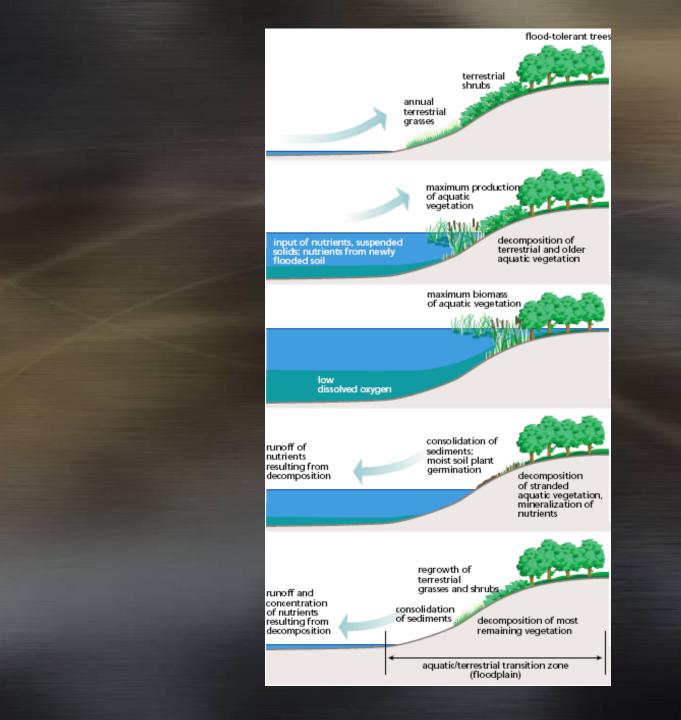
Download lake level data as: [dBase] [ASCII] (If you have trouble try right clicking on the appropri

#### Benchmarks

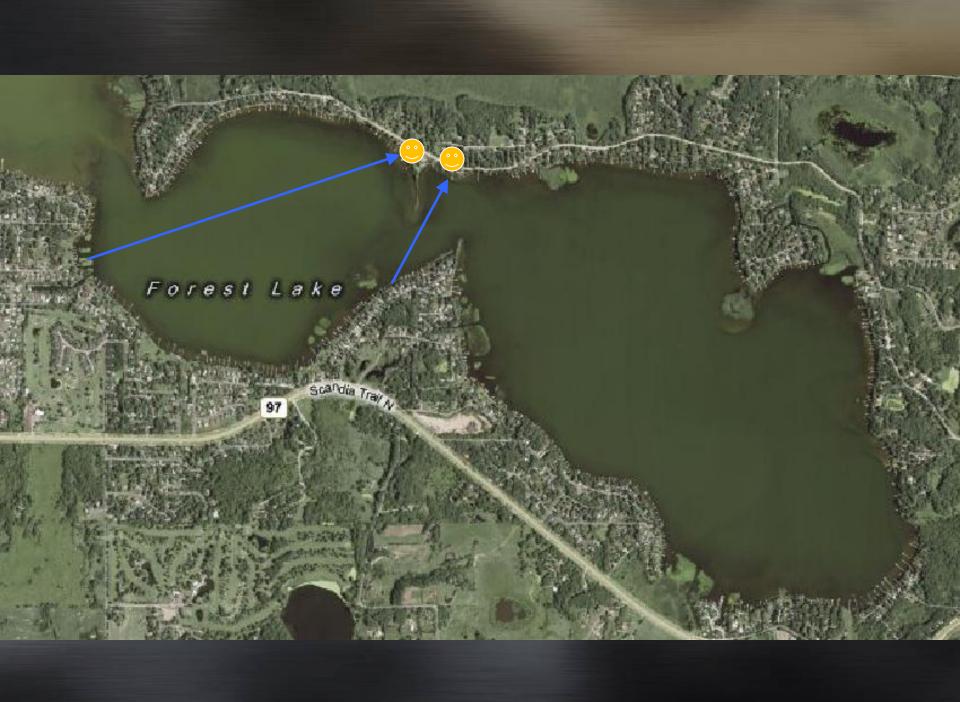
Elevation: 945.23 ft Date Set: 11/17/1986

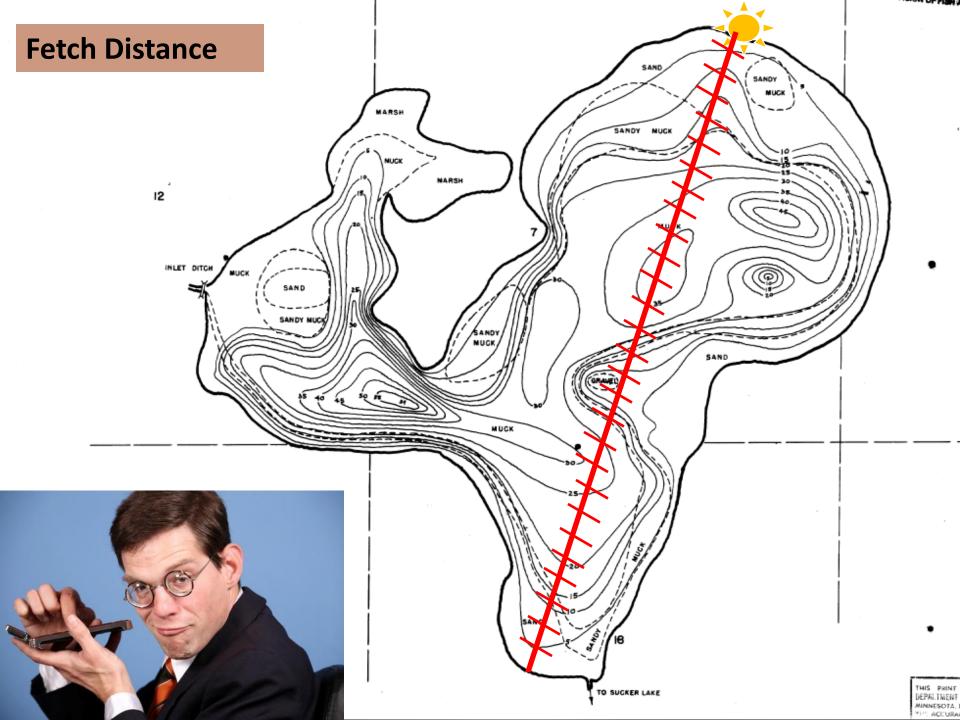
Datum: 1929 (ft)

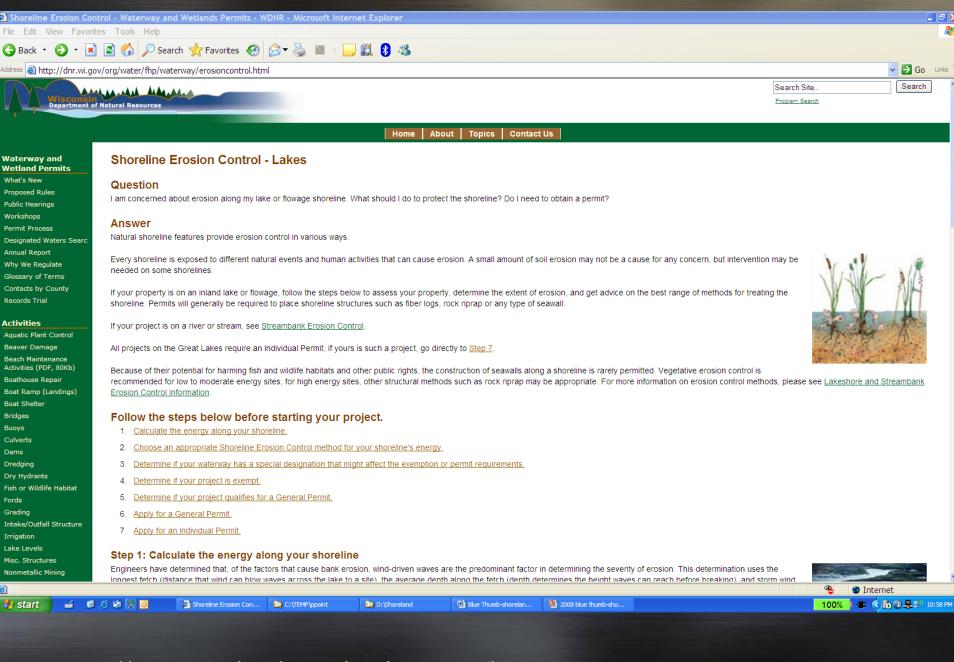
Description: Chiseled "x" in right upstream abutment of outlet structure on N end of lake.











#### Calculating Energy Along a Shoreline

Follow these steps to obtain an accurate calculation of energy along your shoreline:

51.33

ft/sec

1. Print out the map for your lakeshore site (include the scale) 2. Figure out the correct feet-per-inch value using the map scale and your ruler, and enter the number below: 1 inch = feet 3. Mark your shoreline site on the lake map. 4. Draw the longest unobstructed straight line originating from your site across the water to any other point on the shore; this is the fetch at your site. Use this example IPDF. 289KB1 for reference. 5. Using a ruler, measure the length of the fetch line and record this value: inches 6. To convert the ruler measurement of fetch to actual distance, multiply feet per inch (found in step 2) by the measured fetch line (found in step 5): Lake Fetch = feet/inch x inches = 0 feet 7. Use the value (in feet) obtained from step 6 and divide by 5280 to convert Lake Fetch in feet to miles. For example Lake Fetch (ft)/5280 8. Measure the mean depth along your fetch line 1. Locate and mark at least 5 equally-spaced points along your fetch line. 2. Estimate and record the depths at these equally spaced points (for example: 45 ft, 105 ft, 75 ft, 55 ft and 25 ft). 3. Add these depth values together and then divide by the number of sample points taken, and record the result. For example, (45 ft + 105 ft + 75 ft + 55 ft + 25 ft)/5 = 61 feet.) Use this example [PDF, 273KB] for reference. 9. Using the two values obtained in steps seven and eight, fetch from your site and mean depth on your fetch line, use the wind wave model below to calculate the storm wave height at your site. The storm wave height is used to determine the energy category at your site. Mean Water Depth Along My 60 feet Fetch Lake Fetch From My Site 1.25 miles

Storm Wave Height 1.15 feet

Energy Category Moderate Energy

Calculate

Storm Wind Speed

## **Shoreline Energy Classification**

- Low Energy
  - Up to 1-foot of wave action
  - Appropriate bioengineering practices OK
- Medium Energy
  - From 1-2.3 feet of wave action
  - Combination of some bioengineering & hard armor
- High Energy
  - Greater than 2.3 feet of wave action
  - Hard armor only

## Additional Bank Stressors

- Soil type and slope (erosion resistance)
- Aspect (sun exposure)
- Ice sheet flows
- Groundwater piping
- Invasive species
- Herbivores
- Water turbidity

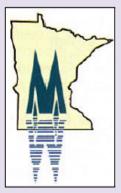
- Field
  - OHWL confirmation
  - Rapid stability assessment
  - Overland hydrology
  - Existing vegetation survey
  - Herbivore inspection
  - Cross sections

- Field
  - Sun exposure
  - Initial selection of stabilization
  - Potential habitat inclusion
  - Human values
  - Utilities
  - Base map completion

# GUIDELINES FOR ORDINARY HIGH WATER LEVEL (OHWL) DETERMINATIONS

by John Scherek and Glen Yakel

St. Paul, MN



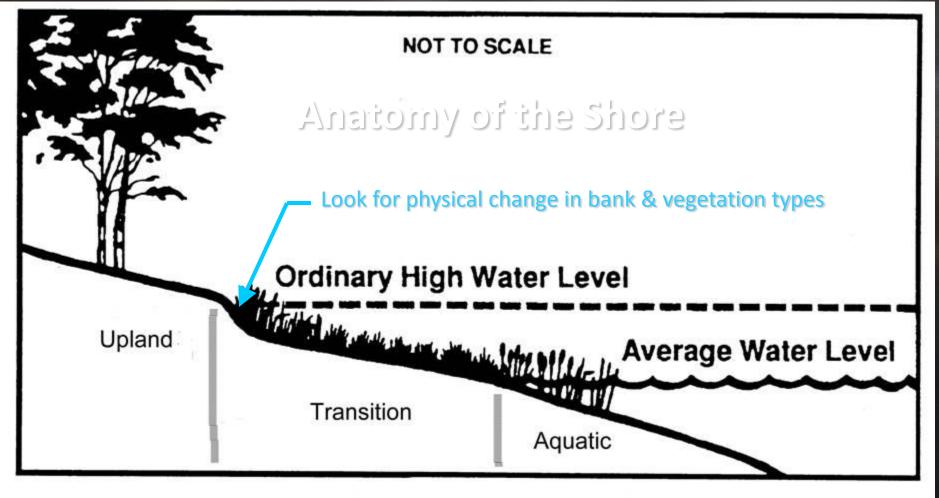
**Technical Paper 11** 

Minnesota
Department of Natural Resources
Waters

June 1993

Any project constructed below the OHW mark, which alters the course, current or crosssection of protected waters or wetlands, is subject to the regulatory jurisdiction of the DNR.

For lakes and wetlands, the OHW is the highest water level which has been maintained for a sufficient period of time to leave evidence upon the landscape. The OHW is commonly that point where the natural vegetation changes from predominantly aquatic to predominantly terrestrial.



Distribution in Minnesota

Documented LTA

Prossible LTA

✓ECS Section

? Unknown

Central Rich Dry Pine Woodland

Dry-mesic pine or hardwood woodlands on sandy, level to gently undulating outwash deposits or occasionally on sandy inclusions in rolling to hummocky stagnation moraines. Crown fires and mild surface fires were common historically.

Vegetation Structure & Composition Description is based on summary of vegetation

data from 45 plots (relevés).

 Ground layer is variable in cover, ranging from sparse to continuous (5-100% cover). Bracken (Pteridium aquilinum), Pennsylvania sedge (Carex pensylvanica), and mountain rice grass (Oryzopsis asperifolia) are often abundant. Other common species are Canada mayflower (Maianthemum canadense), northern bedstraw (Galium boreale), and common strawberry (Fragaria virginiana). Patches of moss are typical. with Pleurozium schreberi most commonly

 Shrub layer is dense (often with > 75% cover); beaked hazelnut (Corvlus cornuta). American hazelnut (Corylus americana), and bush honevsuckle (Diervilla Ionicera)

are usually abundant. Other common shrub or half-shrub species include prickly or smooth wild rose (Rosa acicularis or R. blanda), juneberries (Amelanchier spp.), poison ivy (Toxicodendron rydbergii), and lowbush blueberry (Vaccinium angustifolium).

Subcanopy is absent or poorly developed.

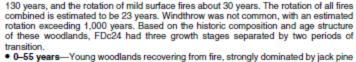
 Canopy is interrupted to continuous (50–100% cover), most commonly dominated by jack pine but occasionally dominated by red pine, quaking aspen, bur oak, or northern

Landscape Setting & Soils

. Outwash plains-Common. Landscape is flat to rolling, with deep soils. Parent material is well-sorted sand, often with gravelly lenses but no large stones. Originally the parent material was calcareous, but free carbonates are now at least 30in (75cm) below the soil surface. Soil surface is somewhat dark to very dark in the upper 10in (25cm) because of incorporated organic matter, which indicates that these sites were formerly occupied by deciduous woodlands or prairies. Subsoil horizons that can perch snowmelt or rainfall are absent, although the organic-enriched surface horizons and complex textural banding in the lower horizons help to hold rainfall during the growing season. Soils are somewhat excessively drained. Soil-moisture regime is moderately dry to moderately fresh. (Chippewa Plains and Pine Moraines & Outwash Plains in MDL)

 Stagnation moraines—Occasional. Present on flat. local deposits of sand within otherwise hummocky or rolling landscapes. Originally the sandy parent material was calcareous, but free carbonates are now at least 60in (150cm) below the soil surface. Soil surface is somewhat darkened because of incorporated organic matter, which indicates that these sites were formerly occupied by deciduous brushland or woodland. The organic-enriched surface horizons and complex textural banding present in lower horizons help to hold rainfall during the growing season. Soils are well drained to somewhat excessively drained. Soil-moisture regime is moderately dry to moderately fresh. (Hardwood Hills in MIM, St. Louis Moraines and Pine Moraines & Outwash Plains in MDL)

In the past, fires were very common throughout the range of FDc24. An analysis of Public Land Survey records indicates that the rotation of catastrophic fires was about



with red pine and quaking aspen present as minor components.

 55-75 years—A transition period marked by a partial decline in jack pine, mirrored by an increase in red pine. Northern red oak and bur oak, although minor components. peak during this period when present.

 75-155 years—Mature woodlands dominated by jack pine mixed with red pine. Cohorts of younger red pine and jack pine are characteristic in the understory, becoming established following mild surface fires.

 155-195 years—A transition period marked by a sharp decline in red pine and a modest decline in jack pine, mirrored by an increase in white pine.

 > 195 years—Very old forests dominated by jack pine of several age classes. White pine and some old red pines are present as supercanopy trees. (Jack pine and white pine are rarely present together in contemporary old forests. The apparent discrepancy between historic and contemporary old-forest composition may be an artifact of having too few samples of very old forests. Alternatively, it may have been possible for lack pine to grow among scattered white pines and old red pines on sites with rich sandy soils, which are now mostly farmland.)

#### Similar Native Plant Community Classes FDc25 Central Dry Oak-Aspen (Pine) Woodland

FDc25 is the class most similar to FDc24, especially when dominated by jack pine (FDc25a). FDc25 generally occurs to the south and east of FDc24 on sandy glacial river terraces in the St. Croix River valley, but the ranges of the two classes overlap in central Minnesota. FDc25 is more likely to have species characteristic of open jack pine barrens communities (including those common to the east in Wisconsin), while FDc24 is more likely to have species characteristic of closed-canopy FDn communities.

FDc24 Indicator Species		(%) FDc25	FDc25 Indicator Species	FDc24	FD <sub>c25</sub>	
Beaked hazelnut (Corylus comute)	78	-	Big bluestern (Andropogon generalii)	-	50	
Early meadow-run (Thelictrum diocum)	73	-	Little bluestern (Schrzechyrum scoperum)	-	50	
Blue gant hyseop (Agesteche foersculum)	42	-	Sweet fern (Comptonia peregnna)	-	25	
Twinfower (Linneau bornelix)	31	-	Wild bergamot (Monarda futulosa)	2	63	
Red pine (C,U)	29	-	Northern pin calk (C,U)	4	100	
Red respherry (Rubus ideaus)	69	13	Woodand surflower (Helenthus strumosus)	4	63	
Wild sarsapanila (Aralia nudiciaulis)	69	13	Sharp-pointed rice grass (Oryzopais pungens)	4	50	
Large-leaved aster (Actor macrophyllus)	62	13	Wintergreen (Gaulthorie procumbers)	24	75	

#### FDc34 Central Dry-Mesic Pine-Hardwood Forest

FDc34 can be similar to FDc24 but is usually dominated by red pine or white pine with iack pine only of minor importance. FDc34 is more likely to have species (including red and white pine) that occur on sites where relatively fine-textured and rich soils are within the reach of deeper rooting plants. FDc24 is more likely to have species present on the relatively poor soils typically derived from deep deposits of sand and gravel.

FDc24 Indicator Species	FDe24	FDc34	FDc34 Indicator Species	(hog%) FDc24 (FDc34		
Pussytoss (Antennerie app.)	18	-	Large-Rowared believet (Usularia grandiflore)	2	51	
Hoary puccoon (Lithospermum canescens)	111	-	White pine (C)	4	46	
Blue grant hyssop (Agesteche foericulum)	42	2	Red maple (C)	4	34	
Jack pine (C,U)	84	17	Fly horsysuckle (Lonicers canadersix)	4	27	
Pin cherry (Prunus pensylvenice)	33	7	Rose twestedstalk (Streptopus roseus)	11	68	
Erect, Smooth, or Illinois carrion-flower*	18	5	Round-leaved dogwood (Comus rugosa)	11	44	
Prairie willow (Salix humilis)	62	20	Bunchberry (Cornux canadensix)	11	39	
Pipossowa (Chimaphile umbollete)	20	7	Bluebead fily (Clintonia borealis)	13	46	

\*Erect, Smooth, or Illinois carrion-flower (Smilex octivate, S. herbacee, or S. illinosresis)

#### FDc23 Central Dry Pine Woodland

FDc23 is somewhat similar to FDc24 but occurs on sand deposits that have had a longer history of conifer cover; as a result, the soils of FDc23 are poorer in nutrients and have lower organic material content in the upper horizons. FDc23 is much more likely to have species characteristic of prairie habitats.

#### FDc24 Central Rich Dry Pine Woodland - Species Frequency & Cover

Dan community the free and		cover	quency a core.					frag%	cove
Forbs, Ferns & Fern Allies			Low Shrubs						
Canada mayflower (Malanthomum canadonso)	96	••	Lo woush blueberry (Va	oo inlum ang	gustifolium)			80	•
Common strawberry (Frageria virginiana)	87		Red ruspberry (Rubus Ideeus)					69	•
Northern be dstraw (Gallum boreale)	87	•	Tall blackberries (Pubus allegheniensis and similar Rubus spp.)					29	••
Early meadow-rue (The lictrum diolcum)	73	•	Wintergreen (Gaultheria procumbens)					24	
Wood anemone (Anemone quin quefo lia)	69	•	Pipsissewa (Chimaphila umbe lata)					20	•
Wild sarsaparilia (Aralla nudicaulis)	69	••	Shrubs						
Bracken (Pterkflum agullinum)	64	•••	Juneberry (Amelanchie	rapp.)				87	••
Large-leaved aster (Aster macrophyllus)	62	••						84	••
Sweet-scented bedstraw (Gallum triflorum)	56	•	Prickly or Smooth wild rose (Rose acicularis or R. blanda)					82	•
Pale vetchling (Lathyrus ochrobucus)	56		Beaked hazelnut (Corylus comute)					78	****
Spreading dogbane (Apoc yourn and researchfolium)	56	•	American hazeh ut (Corylus americana)					76	•••
One-sided pyrola (Pyrola secunda)	53		Chokednerry (Prunus virginiana)					76	••
Lindley's aster (Aster oficiatus)	51	•	Bush honeysuckle (Diervilla bribera)					71	***
Blue giant hyssop (Agastache foeniculum)	42	•	Snowberry or Wolfberry (Symphoricagoes albus or S. occidentalis)					71	
American vetch (Vibla americana)	40	•	Prairie willow (Salix humilis)					62	•
Dwarf raspberry (Rubus pubescens)	40	•	Downy arrowwood (V.bumum rafines qua num)					44	••
Maryland black snakeroot (Sanbula marilandica)	40	•	Pin cherry (Prunus pensylvanica)					33	•
Pale be lwort (U vularia so ssilfolia)	36	•	Graydogwood (Comus racemosa)					24	••
Twinflower (Linnaea borealls)	31	••	Hawthorn (Crataegus spp.)					18	•
Veiny pea (Lathyrus venosus)	31	•							
Starflower (Trientalls borealls)	27	•	Trees	Canopy Subcanopy		Shrub	Layer		
Clayton's sweet cicely (Osmorhiza o laytonii)	27	•		teg%		teg%	cover	Fog %	COVE
Columbine (Aguillegia canadensis)	24	•	Jack pine	84	****	11	•••		
Spinulose shield fem or Glandular wood fern*	20		Quaking aspen	31	•••	33	••	42	
Round-leaved hepatica (Anemone americana)	18	•	Red pine	29	•••	11	•		
Smooth carrion-flower (Smilex herbacea)	18		Paper birch	27	•••	20	•	16	
Round-leaved pyrola (Pyrola rotundifolla)	18	•	Buroak	24	•••	56	••	64	•
Grasses & Sedges			Northern red oak	18	•••	49	••	71	
Mountain rice grass (Oryzopals aspertfolia)	84	***	Black cherry			29	•	27	•
Pennsylvania sedge (Carexpensylvanica)	71	***	Red map to			20	•	29	
False melic grass (Schlzachne purpurascens)	36	••	Green ash			11	•	24	
Climbing Plants			Eig-toothed aspen			11	•	11	
Virginia creeper (Parthenoclasus spp.)	33	•	Balsam fir			9	••	22	
Wild honeysuckle (Lonicera diolca)	20		White pine			9	••	18	

<sup>\*</sup> Spinulose shield fern or Glandular wood fem (Dryopteris carthusiana or D. Intermedia)

Minnesota Board of Water & Soil Resources

A to 2 Topics

Conservation
Frame Easements

Grants

Measures Management
and Prenning
Implementation

Wellands

#### Native Vegetation / Seed Mixes

#### BW 8R Pollov

- BWSR Native Vegetation Establishment and Enhancement Guidelines (2) (posted Dec. 23, 2009)
- Ouestions and Answers
- Vegetative Management and Enhancement of Conservation Essement Lands (Dec. 17, 2005)

#### Seed Mixes

- Summery of Seed Mixes (2) (Index of names and numbers Posted March 18, 2010)
- State Seed Mixes (Includes mixes used by Minn. Dept. of Transportation Posted March 15, 2010)
- Substitution Table (List of species that may be substituted in state seed mixes Posted March 15, 2010)

#### Native Vegetation Establishment and Enhancement

- Recommended Seeding Dates for Restoration Projects (2) (posted March 15, 2010)
- Guidelines for Inter-seeding Crasslands to Restore or Enhance Native Species Diversity
- What's Working feedback from SWSR grant recipients and other conservation professionals on effective methods of establishing native vegetation for conservation projects

#### Mana

Map of Minneyots Ecological Sections and Subsections (pasted Oct. 14, 2009)

#### RW 9R Publications

- l'inning and Maintenance Recommendations for Wetland Restontion and Buffer Projects (July 2010)
- Wetland Restoration Plant ID Guide (USDA NRCS BWSR gubication)
- Minneyots Wetland Restoration Guide Vegetation Establishment Section
  - Appendices related to native vegetation:
  - A Invasive Species Control Information
  - B Project Specifications
  - C Restonation Details/Diagnetts
  - D Seed Bank Leating Protocol
  - E Plant Community Tables
  - F Vegetation Establishment Lables
  - C -Vegetation Establishment Research Needs
  - H Plant Information Links
  - I Vegetation I'lan Exemples
  - J Orbitions

#### PCA Publications

Plants for Stomwater Design Volume 1

#### Federal Agency Publications

- Wetland Plants and Plant Communities of Minnesots and Wisconsin
- A Soil Bioengineering Guide for Streembank and Lakeshore Stabilization

#### Other Resources

Other suggested web sites: Revious Your Shore & and Minnesotals Native Plant Communities & at DNR web site and Species Lists for Native Plant Communities in east-central Minnesota at Creat Nave Creening & web site.

#### Minnesofa Board of Wafer and Soil Resources

520 Lafayera Road North, St. Paul, NN 55155 | 🚆 (651) 296-3767 🖟 | Fax (651) 297-5615 | TTY (600) 627-9529

ön Equal Opportunity Employer



#### Native Seed Vendor

Prairie Moon Nursery and Shooting Star Native Seeds are the vendors under contract to supply state seed mixes for restoration projects and beat management practices. State agencies and any local units of government that are members of the state cooperative gunchasing venture can purchase off of the contract.

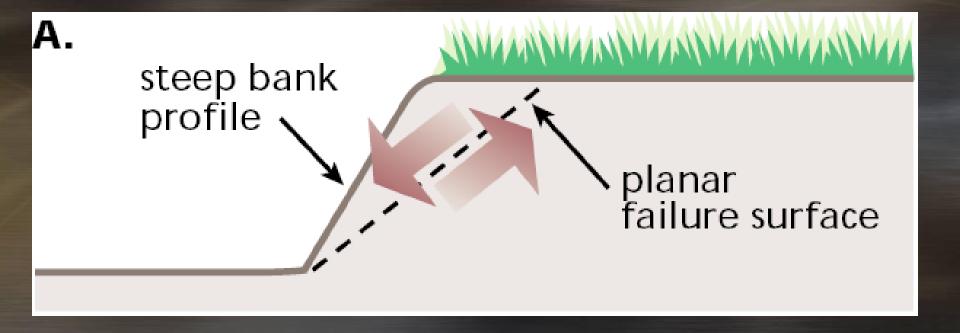
More information about state of Minnesota cooperative gurchasing opportunities is available on the website of Minnesota's Maternals Management Direction.

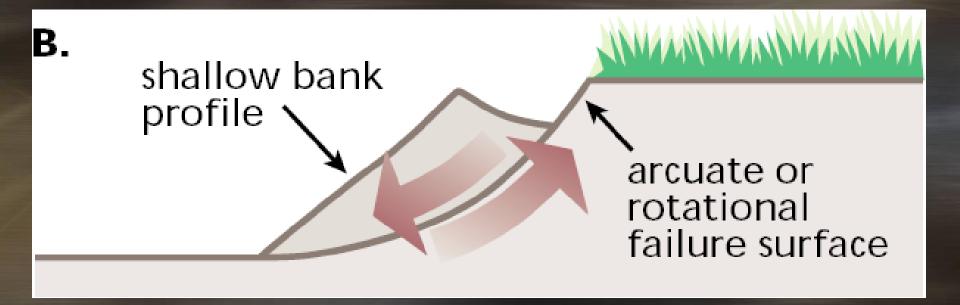
Purchases may be done by direct gurchase order (OPO) to the vendor.

PRAIRIE MOON NURSERY
CONTROL Number 437684
VENDOR NO.: 20046259 00
COMMODITY CODE NO.: 374-01-00000
PHONE: ## 966.487.9156 0
SHOOTING STAR NATIVE SEEDS

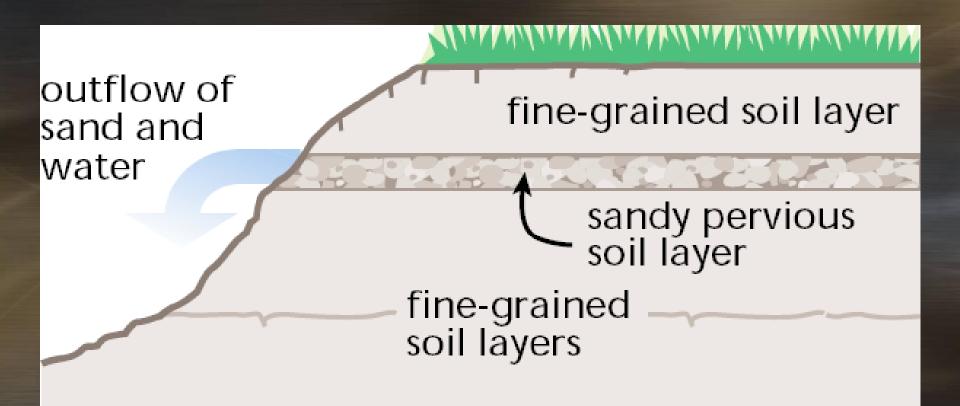
SHOOTING STAR NATIVE SEEDS Contract Number 437685 VENDOR NO.: \$\frac{1}{2}\$12516000600 \( \bar{\text{U}}\) COMMODITY CODE NO.: \$\frac{3}{2}\$4-01-00000 PHONE: \$\frac{1}{2}\$507.400.2044 \( \bar{\text{U}}\)

Other vendors are evalable across the state that can meet state guidelines for rative vegetation seed mose. To find a vendor, please see Native plant suppliers and landscapers in Minnesots on the DNR vectors.

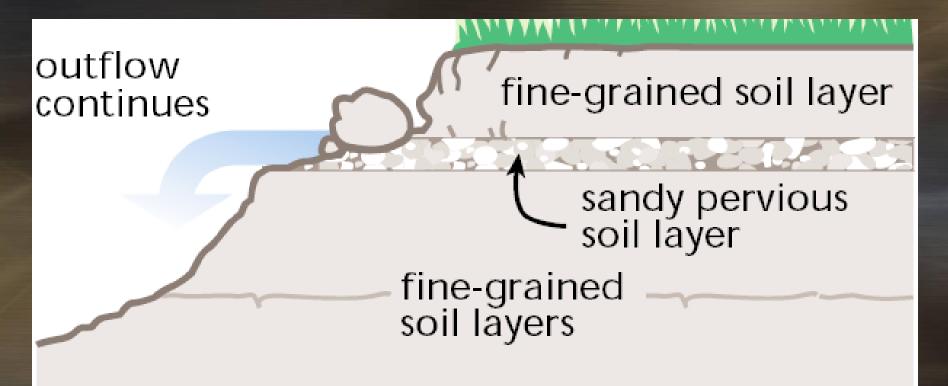




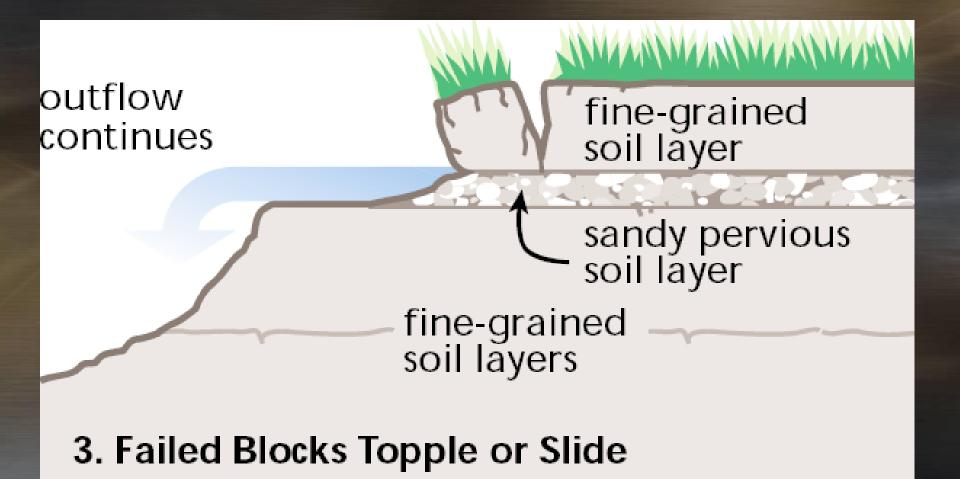
overhang incipient failure plane generated on upper bank preferential fine-grained cohesive retreat of upper bank erodible coarse non-cohesive basal layer lower bank

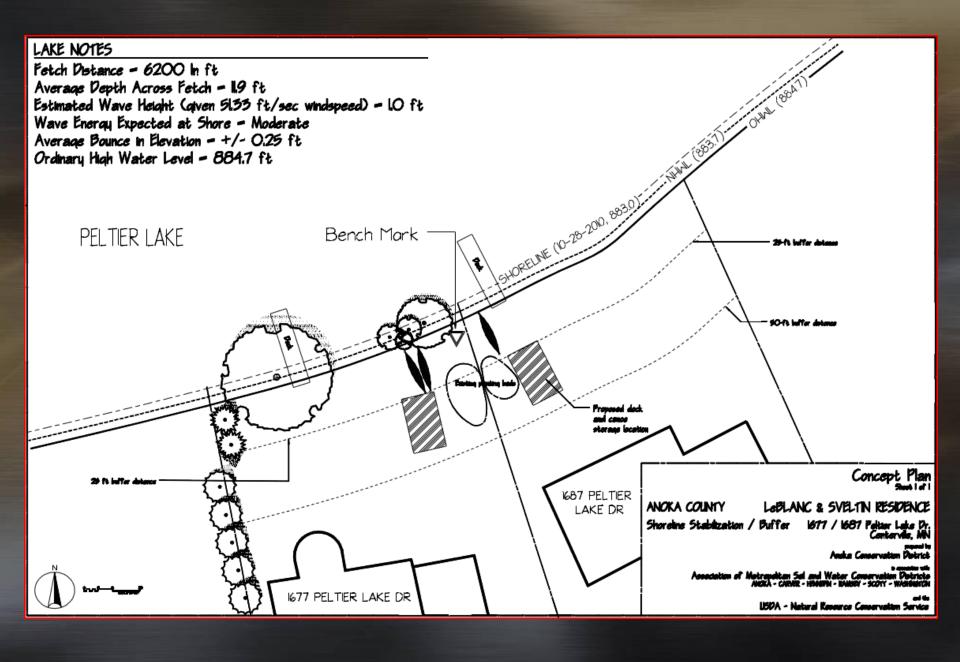


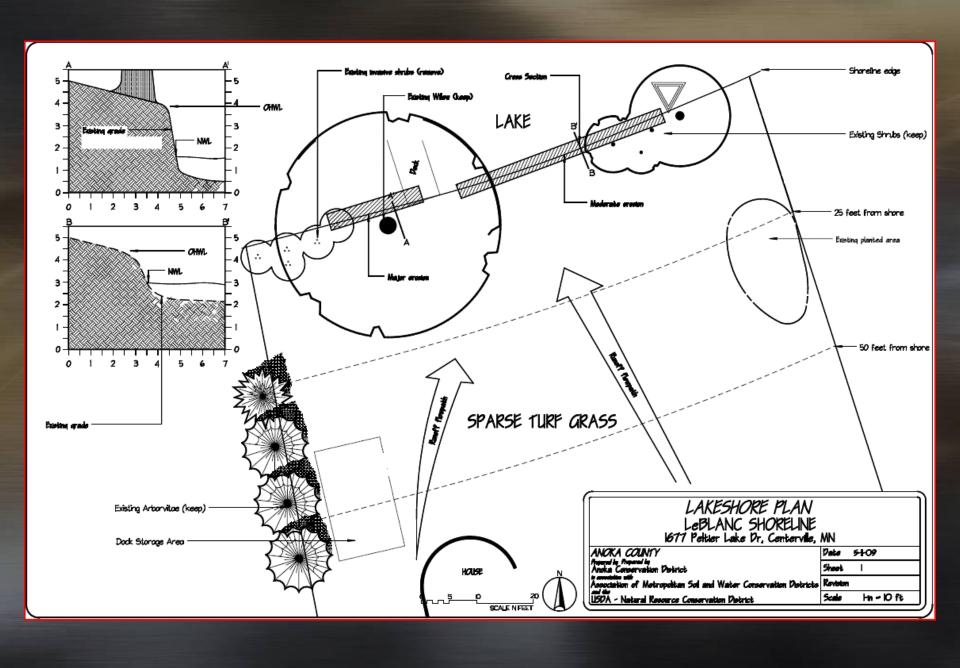
## 1. Seepage Outflow Initiates Soil Loss



2. Undermined Upper Layer Falls, Blocks Detached







### **DESIGN**

- Phasing considerations
- Conceptual layout plan
- Stabilization plan
- Bioengineering and/or armoring plan
- Layout plan
- Planting plan

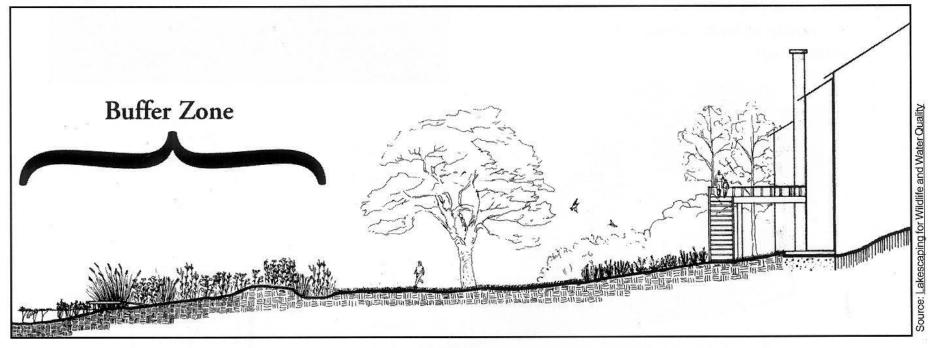
## Site-Specific Goals and Stressors Drive Design Type, Complexity and Cost

**Functional and Aesthetic** 

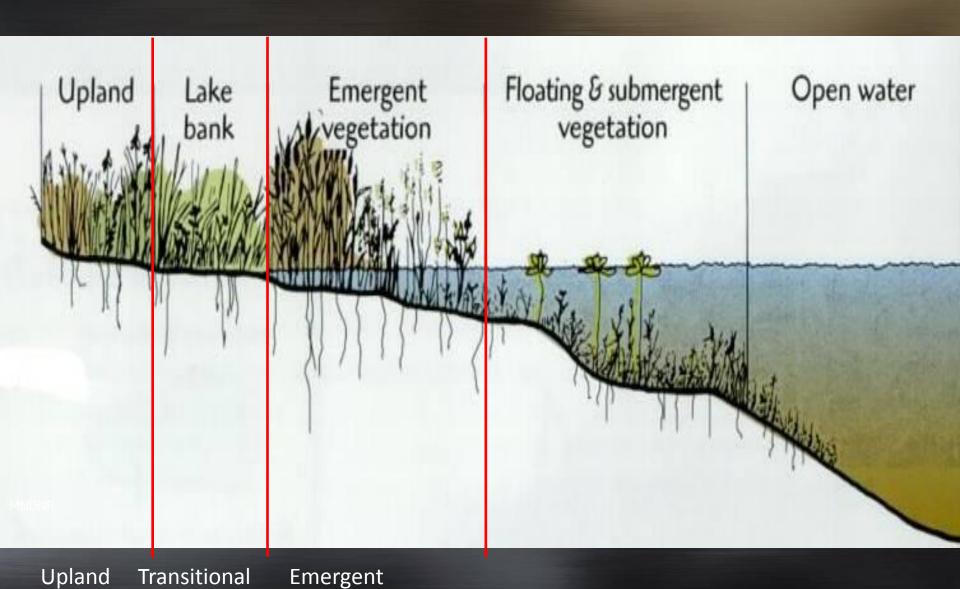
Habitat

**Bank Stability** 

Water Quality



Just inside the buffer zone is a small depression that guides stormwater draining from the yard to the rainwater garden near the lake. Within the rainwater garden, stormwater runoff soaks into the ground and filters through the soil before reaching the lake.



## Choosing the Right Approach for Bank Stabilization

FETCH/BATHYMETRY ANALYSIS

LOW ENERGY
Bioengineering

MODERATE ENERGY
Mix of Soft and Hard
Armor

HIGH ENERGY
Hard Armor/Buffer

## Choosing the Right Approach for Vegetation Establishment

GROWING CONDITIONS

## **EMERGENT**

-local natural history-energy-bounce

-foragers/herbivores
-soil type/stability
-sun exposure

### **TRANSITIONAL**

-local natural history

-bounce

-herbivores

-soil type

-sun exposure

### **UPLAND**

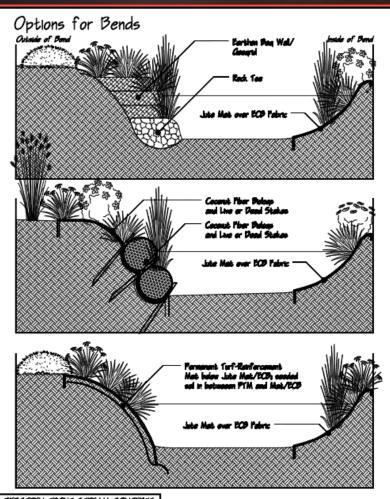
-local natural history-herbivores

-soil type

-sun exposure







# Options Between Bends Reck Habitat / Overlack

BERGAREN TROUT STREAM CONCEPTS

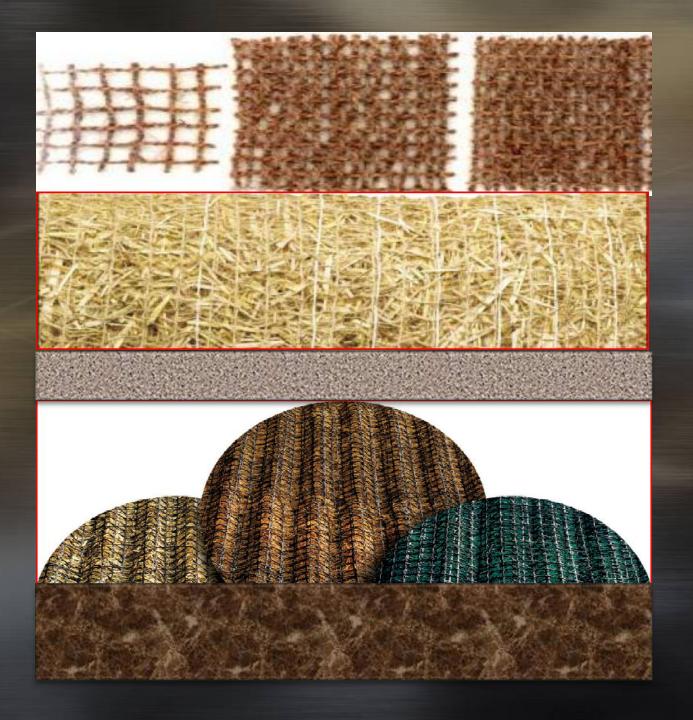
Pergaran Residence 15645 Valley Creek Trail 5 Aften, MN

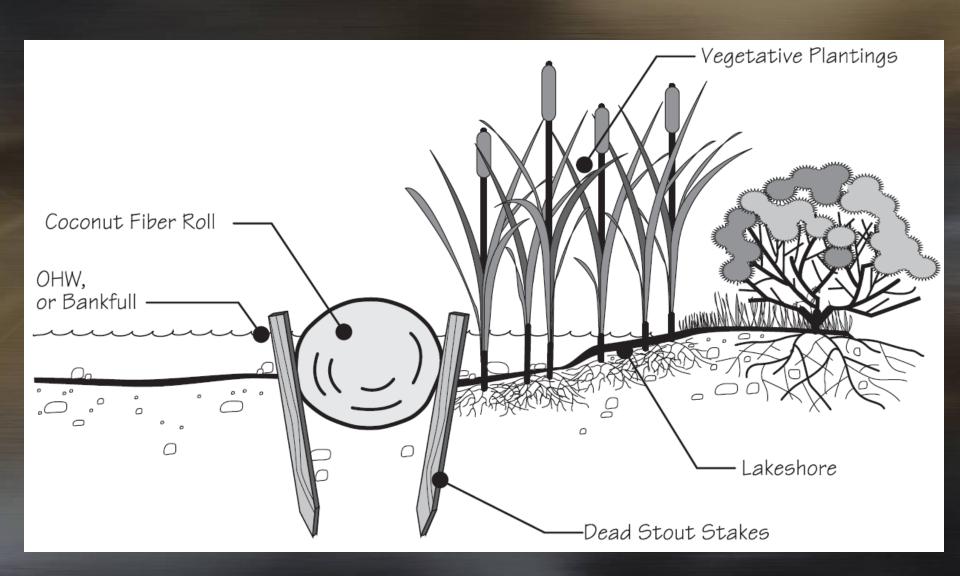
Washington Communition Challen

r martin all. Annotation of Matematica Sal and Water Composition Districts.

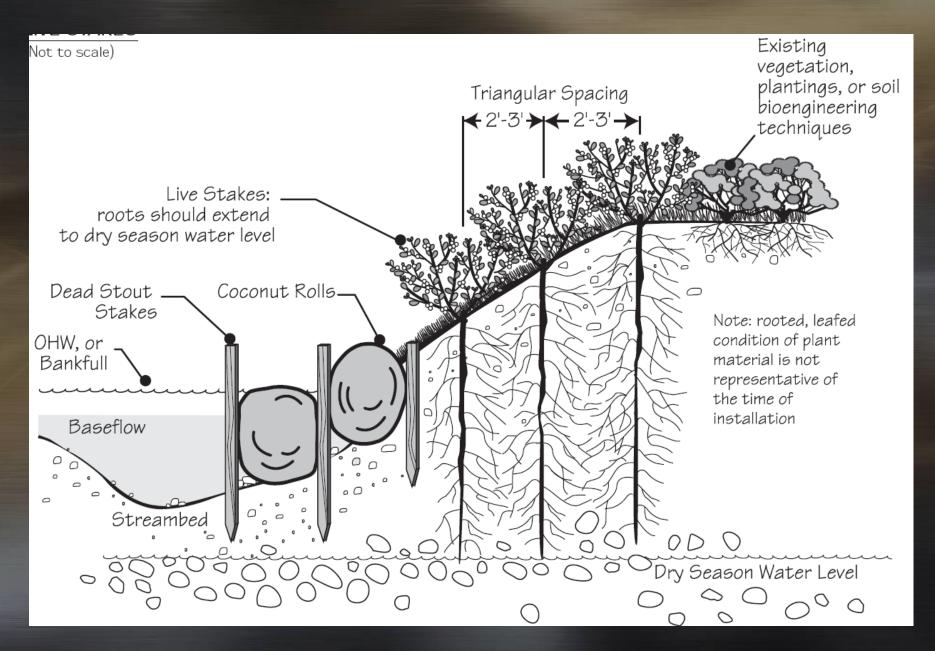
USDA - Natural Resource Communition Service

NOTE: Channel form and final grades to be determined. For concept planning purposes only.



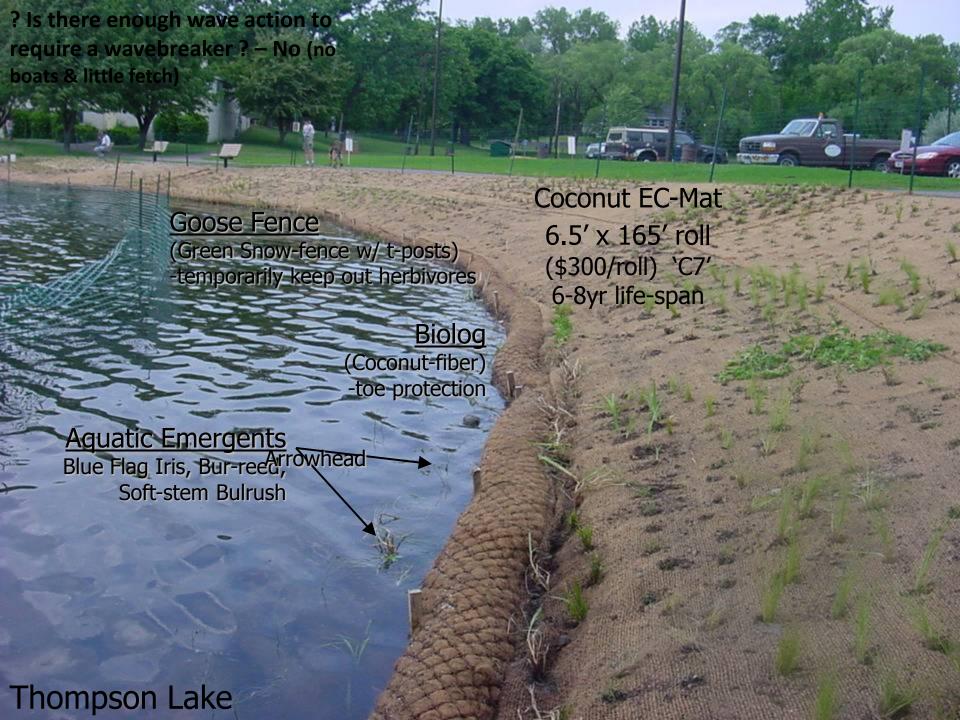


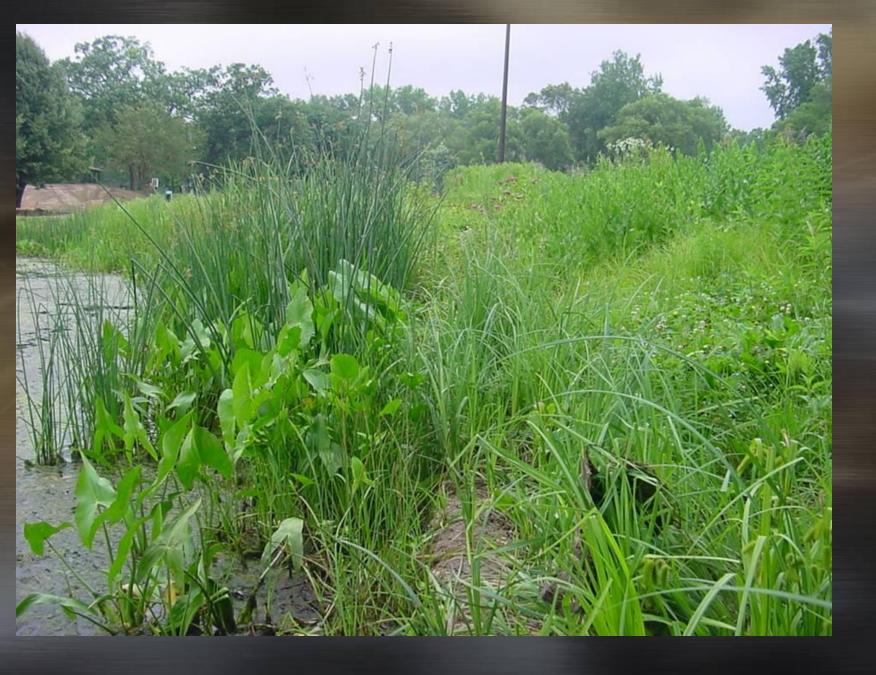






Metro Conservation Districts Ramsey Conservation District

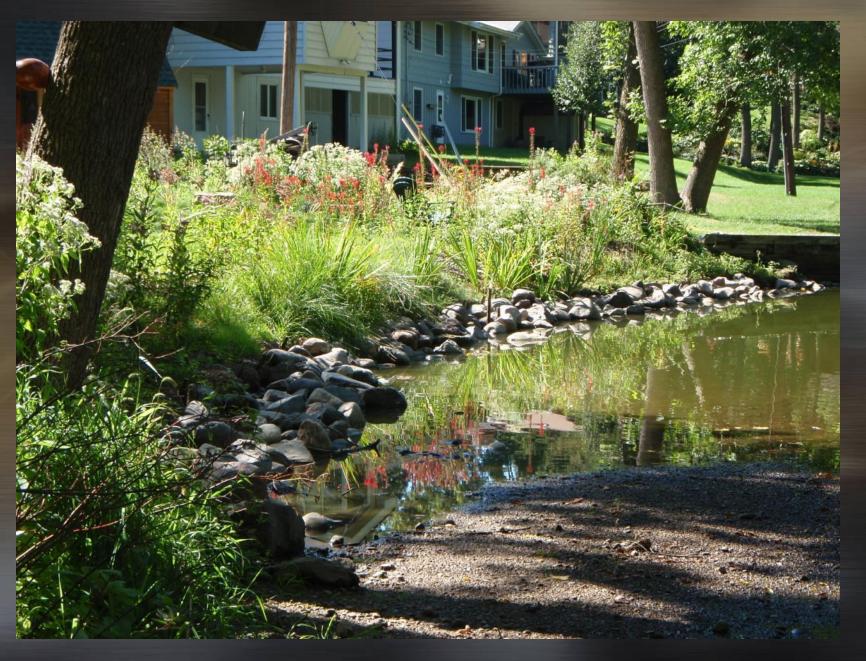




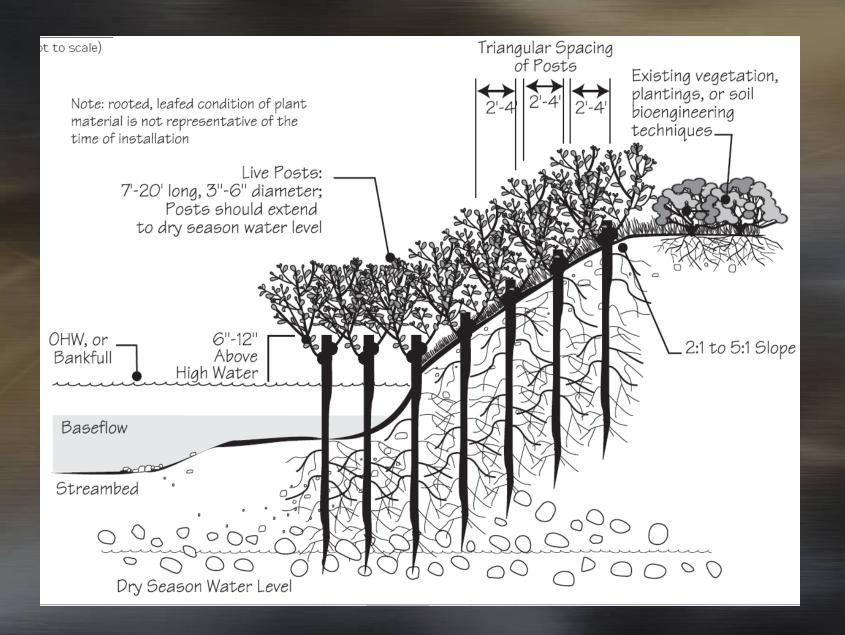
Metro Conservation Districts Ramsey Conservation District

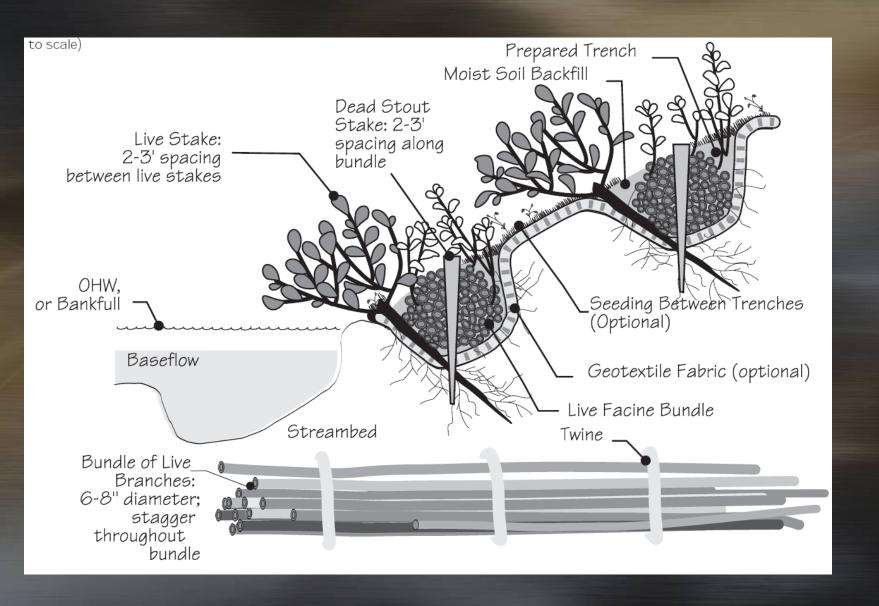


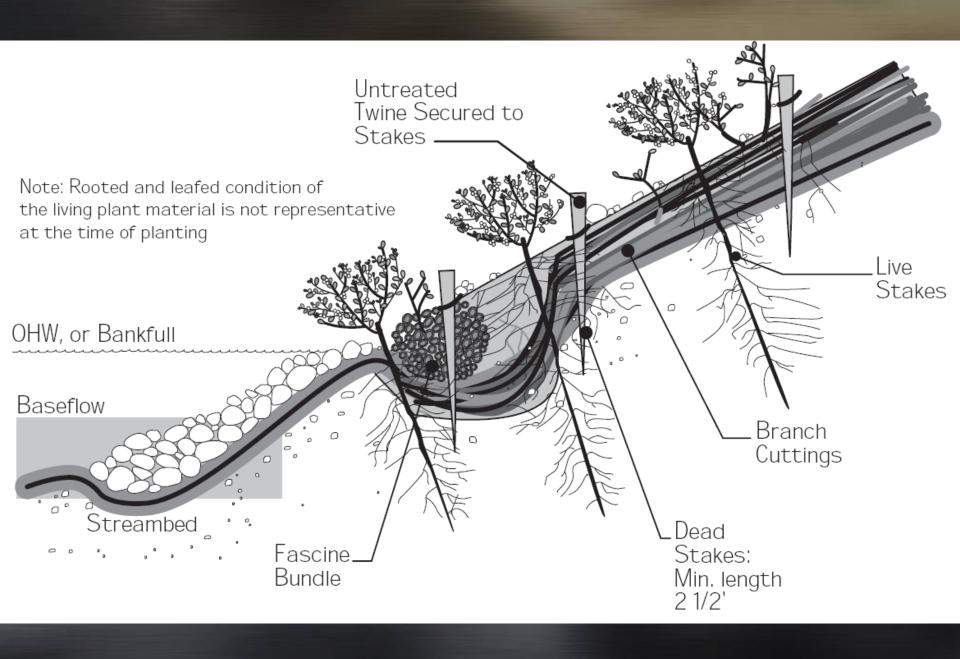
Metro Conservation Districts Earth Wizards, Inc. project



Metro Conservation Districts Earth Wizards, Inc. project









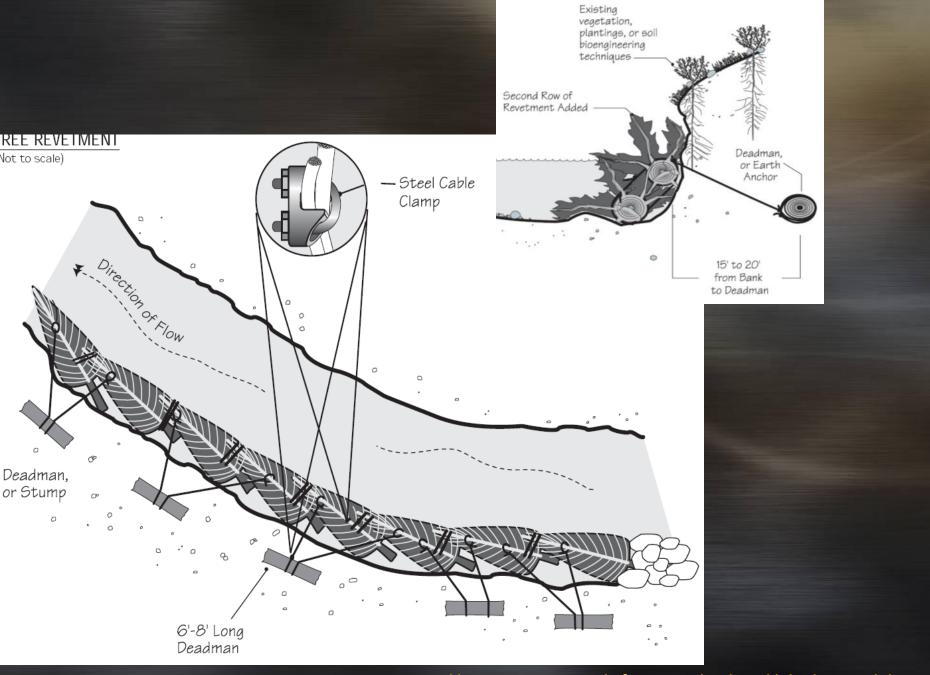
Metro Conservation Districts Scott Conservation District



Metro Conservation Districts Anoka Conservation District



Metro Conservation Districts Anoka Conservation District





Metro Conservation Districts Anoka Conservation District



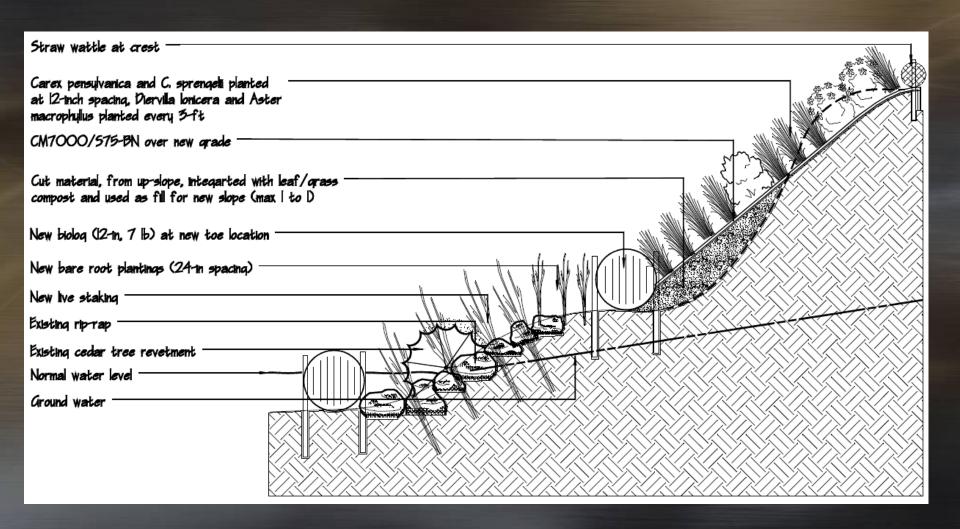
Metro Conservation Districts
Washington Conservation District

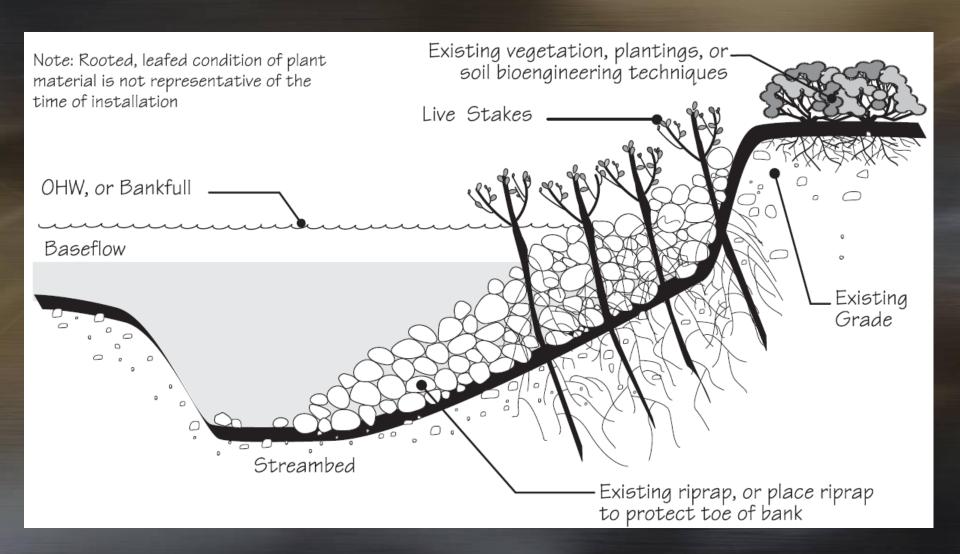


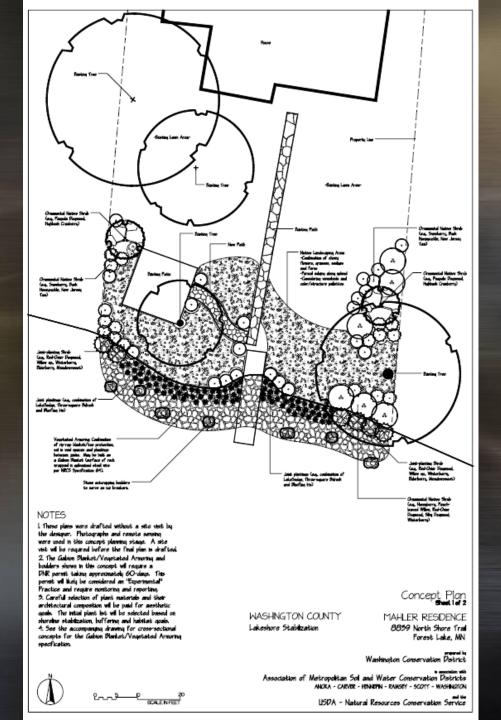
Metro Conservation Districts
Washington Conservation District

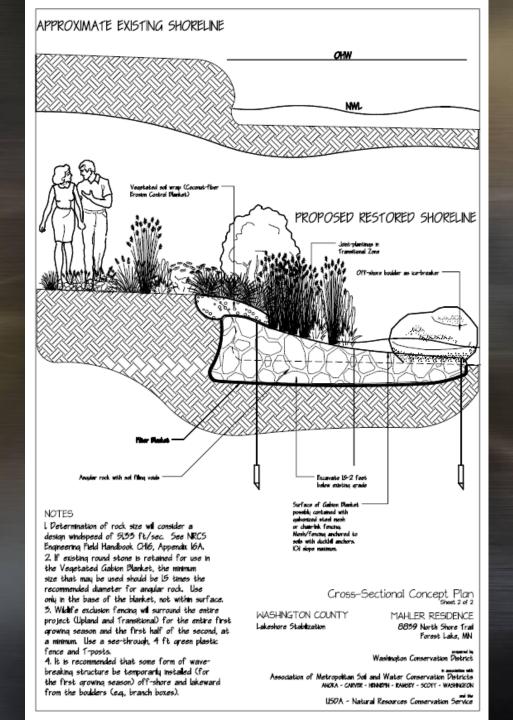


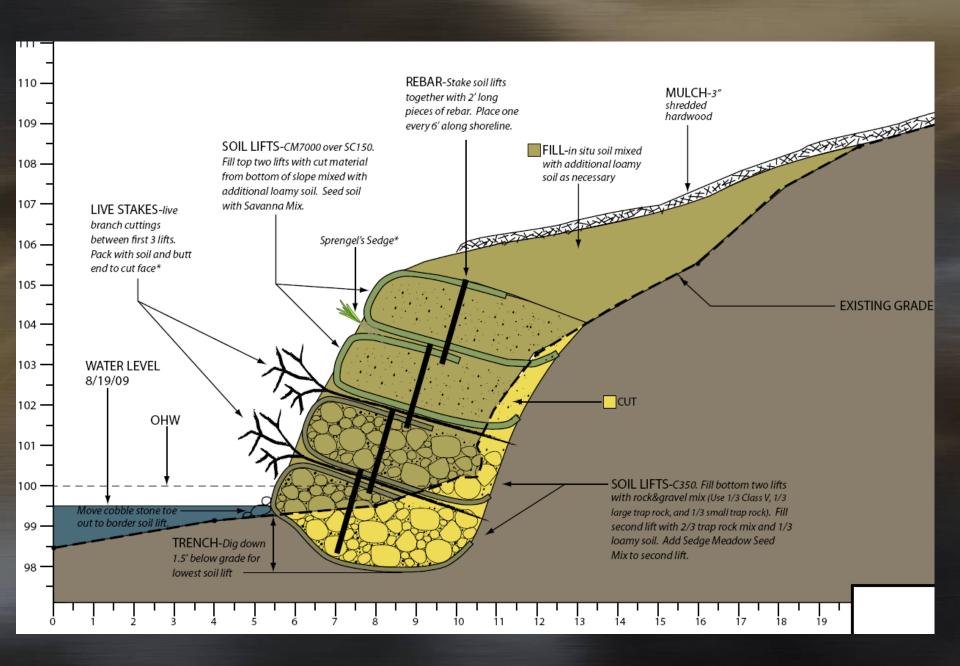
Metro Conservation Districts Anoka Conservation District

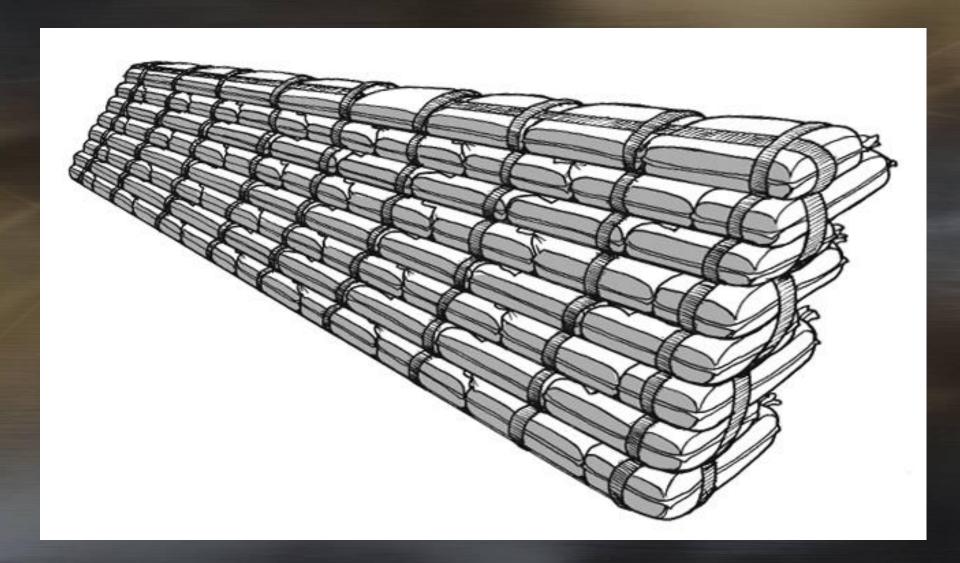












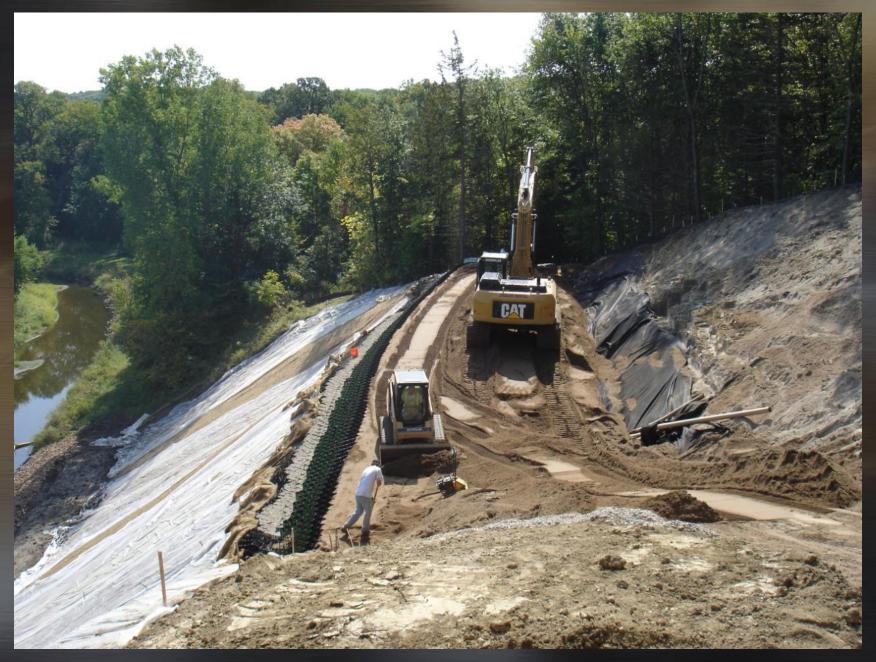






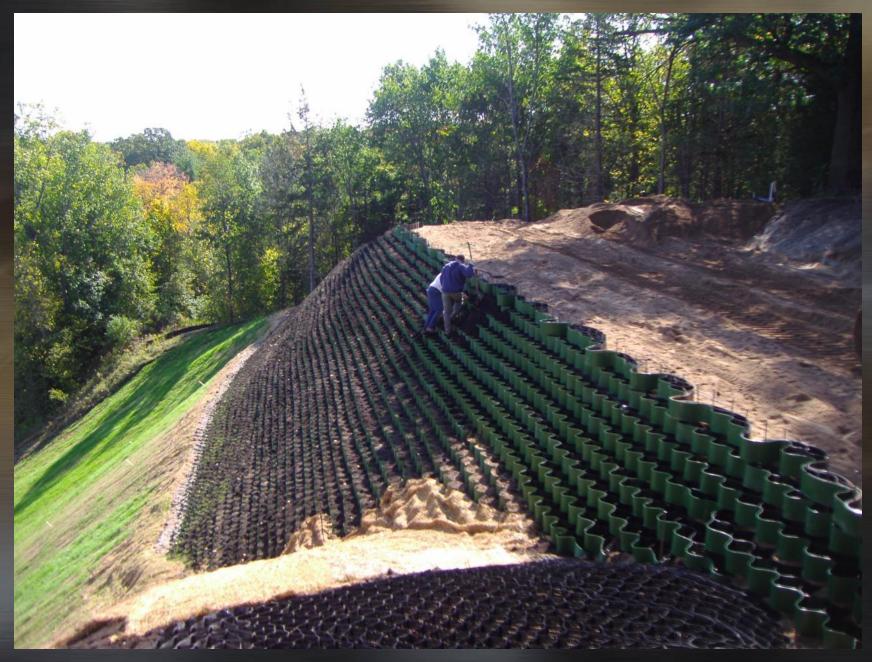


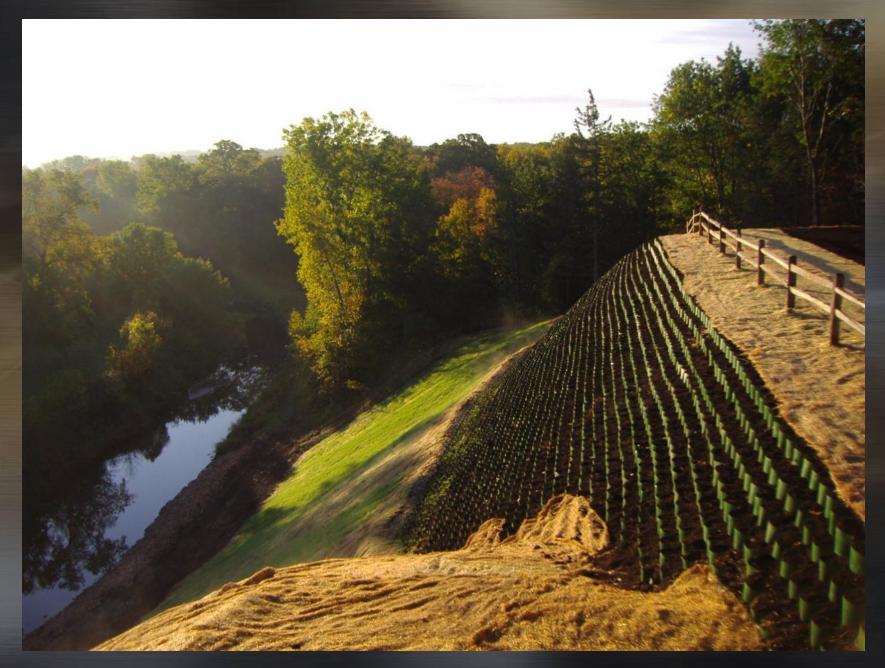
Metro Conservation Districts
Scott Conservation District



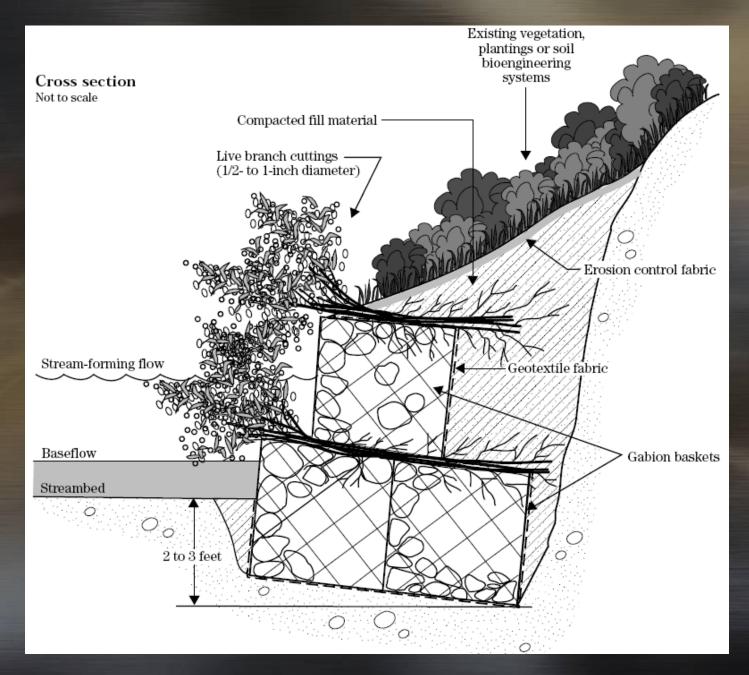
Metro Conservation Districts Scott Conservation District







Metro Conservation Districts Scott Conservation District

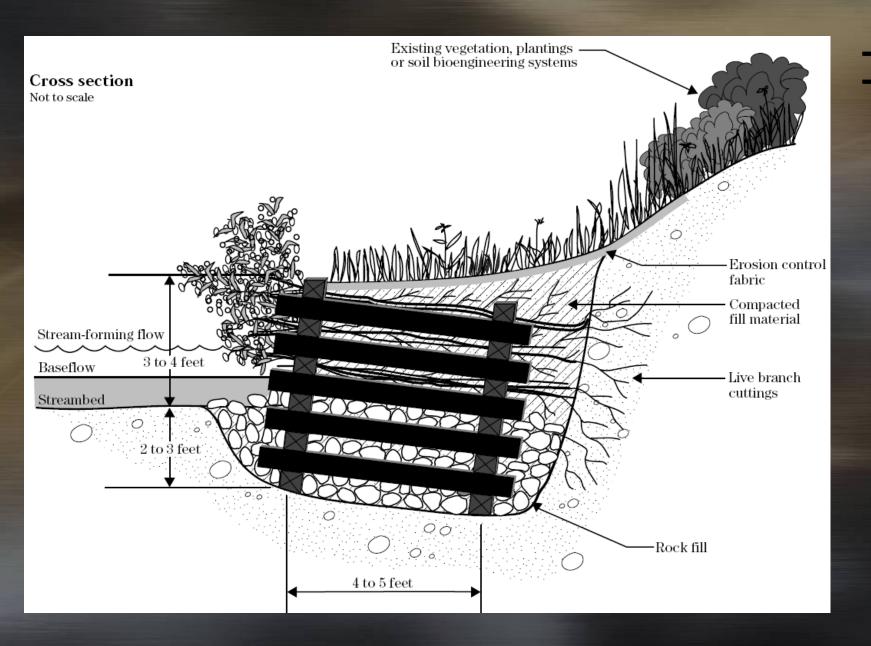




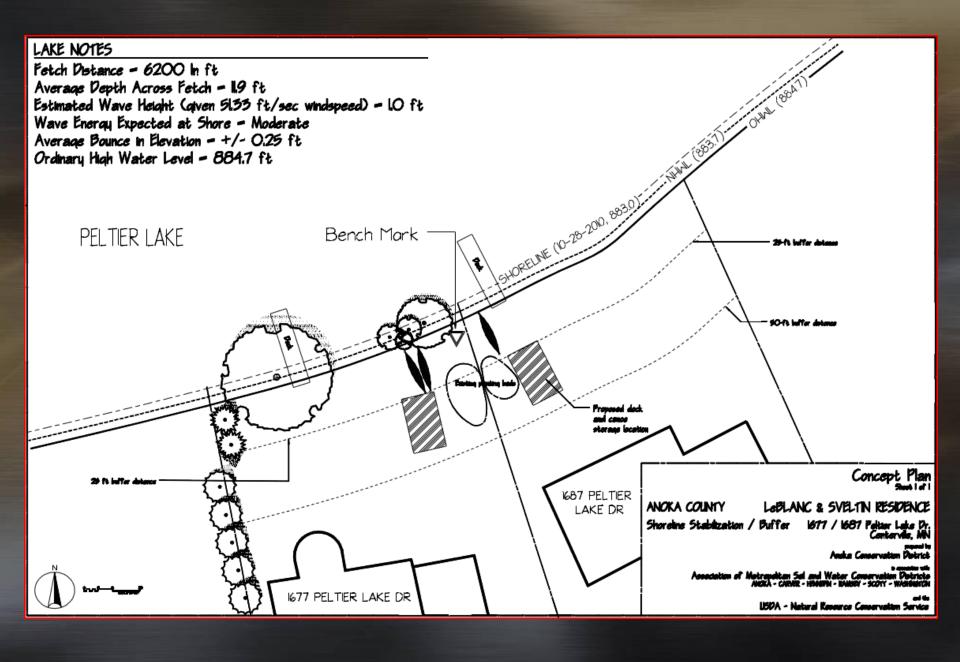
Stream corridor restoration: principals, processes, practices; Federal interagency stream restoration working group

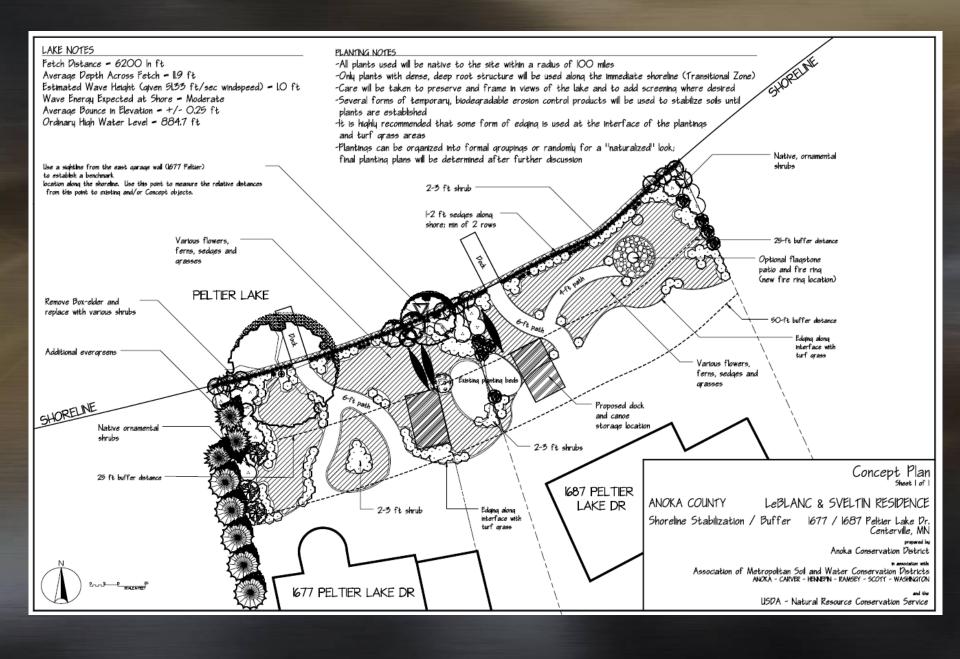


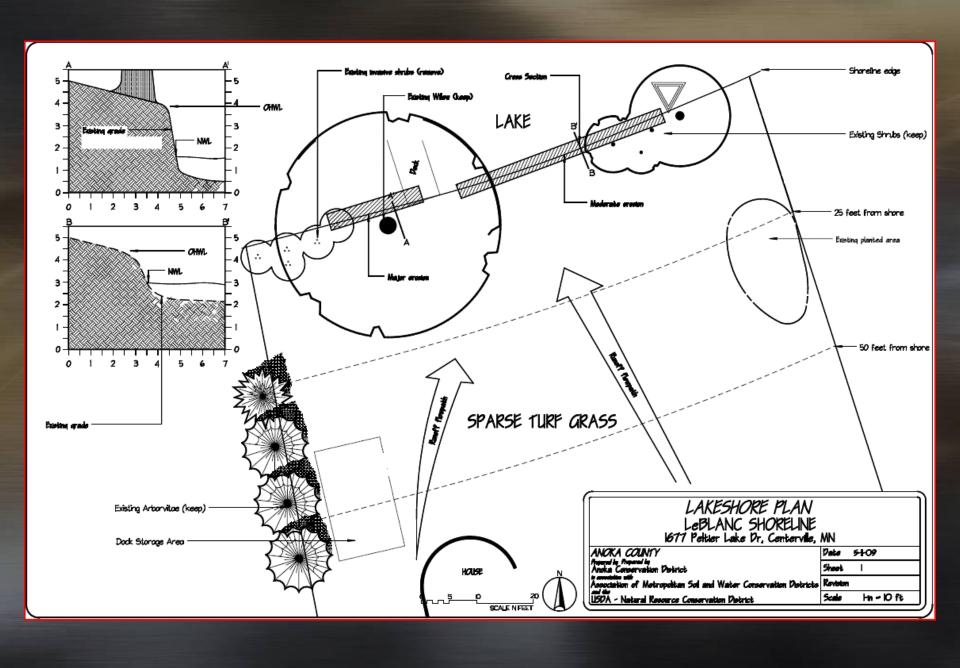


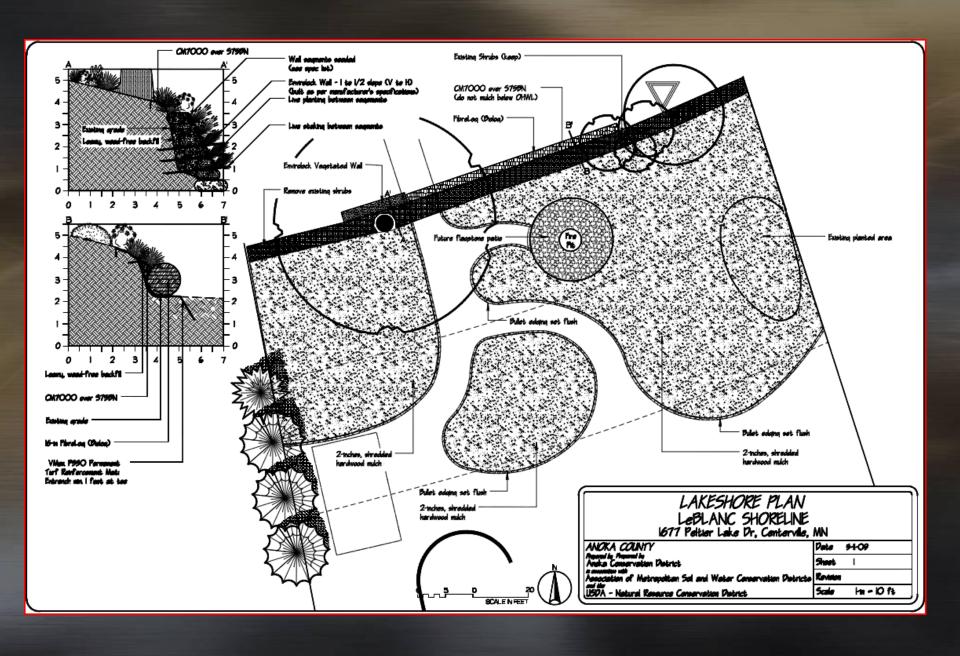


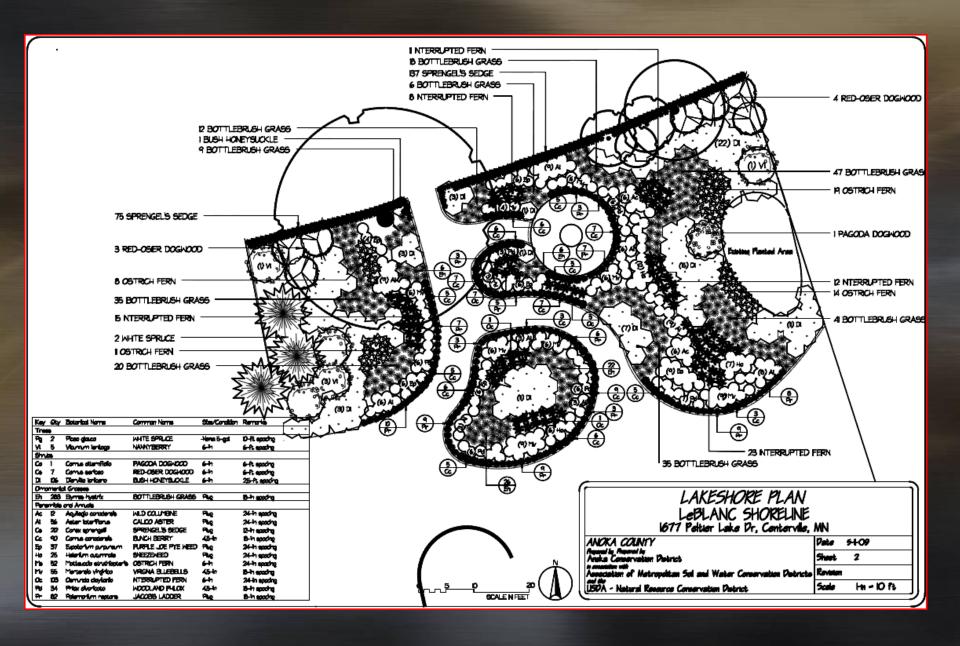




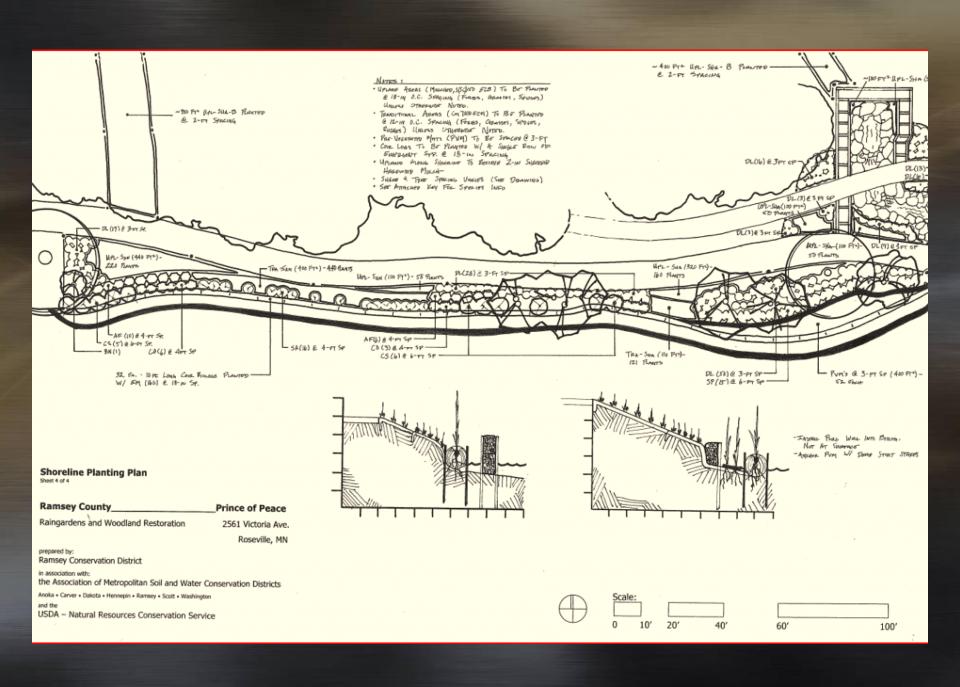
















## INSTALLATION

- General tips
- Emergent zone
- Transitional zone
- Upland zone
- Wave breaks
- Exclusion fencing
- Oversight and contracting

## MAINTENANCE

- Establishment period = installation
- Determining establishment period
- Watering
- Weed control
- Inspection
- Contracting